

# Pure Non-Dualism

*Companies seek to maximize communication, cooperation and respect among employees. Not only does this contribute to efficiency but, in some cases, a life may depend on it. Creating a unity of purpose for company operations is impacted by the fact that employees in an increasingly diverse Canada come from many different cultural and religious backgrounds. Acknowledging and learning about the beliefs of various religious faiths is one way of developing understanding and tolerance.*

*This material introduces the philosophy of Pure Non-Dualism (PND). The ideas are presented for your consideration. Hopefully, they will stimulate your thinking about your life experience and beliefs. Like virtually every other religion, PND acknowledges a separation has taken place between the individual and the Creator and seeks to bring them together again. PND maintains that the only error the separated mind has made is that it has identified itself as separate, as an ego, within a body. The remedy is for the mind to identify itself with its true Source, Spirit.*

*This concept of undoing ego identification can be found in many religions. Sri Ramana Maharshi, the great Indian spiritual leader stated, "In truth you are Spirit. The body has been projected by the mind, which itself originates from Spirit. If the wrong identification ceases, there will be peace and permanent, indescribable bliss." This concept is also found in the book, "A Course in Miracles", first published in 1975. ACIM consists of a theoretical Text and a series of daily lessons in a Workbook for Students. Lesson 96 states: "Spirit makes use of mind to find its Self expression. And the mind which serves the spirit is at peace and filled with joy. Its power comes from spirit, and it is fulfilling happily its function here. Yet mind can also see itself as divorced from spirit, and perceive itself within a body it confuses with itself. Without its function then it has no peace, and happiness is alien to its thoughts." A Course in Miracles can be read online at [acim.org](http://acim.org) and purchased at most booksellers.*

*The misidentification of the mind with the body and ego, instead of with Spirit, is the only problem we face as human beings and Lesson 95 advises: "Let all these errors go by recognizing them for what they are. They are attempts to keep you unaware of your one Self, united with your Creator, at one with every aspect of creation, and limitless in power and in peace. This is the truth, and nothing else is true."*

*The "truth", that you are essentially Spirit, and the "illusion", that you are an ego in a body, is presented in the Introduction to ACIM, which states, "Nothing real can be threatened. Nothing unreal exists. Herein lies the peace of God" is mirrored in the Hindu text, the Bhagavad Gita (thought to be at least 4,000 years old) when it states in Chapter 2, Verse 16, "The unreal has no being; the real never ceases to be. The final truth about them both has thus been perceived by the seers of ultimate Reality."*

*This realization, that you are one with your Creator and your experience is summed up by Ramana in his statement, "To know the truth of one's Self as the sole Reality, and to merge and become one with it, is the only true Realization." The Greek philosopher Heraclitus' concept of non-dualism "From all things One and from One all things" is mirrored by Jesus when he states in John 17:21, "That they all may be one, as Thou, Father, art in me, and I in thee, that they also may be one in us: that the world may believe that thou hast sent me."*

*James Miller*